

**INTER-SECONDARY SCHOOLS SPORTS ASSOCIATION
QUALIFYING STANDARDS
BOYS CHAMPS- 2015**

EVENT	“A”STANDARD HAND TIME	“A” STANDARD ELECTRONIC TIME	“B” STANDARD HAND TIME	“B” STANDARD ELECTRONIC TIME
CLASS 1				
100m	11.0.	11.35	11.30	11.55
200m	22.5.	22.75	23.30	23.55
400m	51.6.	51.85	53.30	53.55
800m	2:06.0	2:06.25	2:09.0	2:09.25
1500m	4:20.5	4:20.50	4:27.0	4:27.00
110m H	15.9	16.15	16.3	16.55
CLASS 11				
100m	11.4	11.65	11.5	11.75
200m	23.3	23.55	23.5	23.75
400m	54	54.25	55.5	55.75
800m	2:09.0	2:09.25	2:12.0	2:12.25
1500m	4:30.0	4:30.00	4:37.0	4:37.00
110m H	15.9	16.15	16.3	16.55
4x100m	45.0	45.00		
CLASS 111				
100m	12.0	12.25	12.4	12.65
200m	24.7	24.95	25.5	25.75
400m	57.0	57.25	58.5	58.75
800m	2:19.0	2:19.25	2:24.0	2:24.25
1500m	4:42.0	4:42.00	4:49.0	4:49.00
100m H	16.0	16.25	16.5	16.75
4x100m	46.0	46.00		
OPEN EVENTS				
5000m	18:00.0	18:00.00	19:00.0	19:00.00
400m H	58.0	58.25	1:03.0	1:03.25
2000m Steeplechase	7:08.5	7:08.50	7:38.0	7:38.00
4x400m Relays: Top 32 Teams Based On Time Achieved At Sanctioned Meets				

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EVENT	“A”STANDARD	“B” STANDARD	QUALIFY TO FINAL
CLASS 1			
High Jump	1.80m	1.70m	1.90m
Long Jump	6.45m	6.30m	6.80m
Shot Put 6Kg (13.1 lb)	11.00m	10.50m	12.50m
Discus (1.75 kg)	35.60m	31.00m	38.00m
Decathlon	13.00m	12.30m	14.50m
Triple Jump	13.50m	12.90m	13.90m
CLASS 11			
High Jump	1.72m.	1.60m	1.80m
Long Jump	6.05m	5.80m	6.50m
Shot Put 6Kg (11.1 lb)	12.20m	11.70m	13.40m
Discus (1.50 kg)	35.60m	31.00m	38.00m
Triple Jump	12.20m	11.70m	12.90m
CLASS 111			
High Jump	1.55m	1.45m	1.70m
Long Jump	5.45m	4.90m	6.00m
OPEN EVENTS			
Javelin	40.00m	35.00m	47.00m
Pole Vault	Starting Height 2.90		

All athletes competing in the Decathlon are not allowed to compete in any other events.

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EVENT	“A”STANDARD HAND TIME	“A” STANDARD ELECTRONIC TIME	“B” STANDARD HAND TIME	“B” STANDARD ELECTRONIC TIME
CLASS 1				
100m	12.9	13.15	13.2	13.45
200m	26.0	26.25	27.0	27.25
400m	1:00.0	1:00.25	1:05.0	1:05.25
800m	2:35.0	2:35.25	2:42.5	2:42.50
1500m	5:27.0	5:27.00	5:45.0	5:45.00
100m H	16.0	16.25	16.9	17.15
CLASS 11				
100m	13.0	13.25	13.4	13.75
200m	26.7	26.95	27.5	27.50
400m	1:01.0	1:01.25	1:05.5	1:05.50
800m	2:35.0	2:35.25	2:45.0	2:45.25
1500m	5:27.0	5:27.00	5:45.0	5:45.00
100m H	16.9	17.15	17.3	17.55
CLASS 111				
100m	13.2	13.45	13.5	13.75
200m	27.0	27.00	27.6	27.85
400m	1:00.5	1:00.50	1:06.0	1:06.25
800m	2:35.0	2:35.00	2:50.0	2:50.25
1500m	5:30.0	5:30.00	5:45.0	5:45.00
80m H	13.0	13.75	14.0	14.25
CLASS 1V				
100m	13.4	13.65	13.7	13.95
200m	28.0	28.25	28.7	28.95
70m H	12.5	12.75	13.0	13.25
OPEN EVENTS				
3000m	11:40.0	11:40.00	12:00.0	12:00.00
400mh	1:06.0	1:06.25	1:12.0	1:12.25
2000m Steeplechase	9:00.0	9:00.00	9:40.0	9:40.00
4x400m Relays: Top 32 Teams Based On Time Achieved At Sanctioned Meets				

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CLASS 1			
High Jump	1.45m	1.35m	1.60m
Long Jump	4.90m	4.50m	5.30m
Discus (1.0 kg)	29.00m	26.50m	32.00m
Shot Put (9 lbs)	10.00m	9.50m	10.50m
CLASS 11			
High Jump	1.45m	1.35m	1.65m
Long Jump	4.95m	4.80m	5.30m
Discus (1.0 kg)	28.00m	26.00m	32.00m
Shot Put	11.0m	10.5m	11.5m
CLASS 111			
High Jump	1.50m	1.40m	1.55m
Long Jump	4.90m	4.55m	5.50m
Discus (1.0 kg)	26.00m	22.00m	28.30m
CLASS 1V			
High Jump	1.40m	1.35m	1.55m
Long Jump	4.50m	4.35m	5.20m
OPEN EVENTS			
Triple Jump	10.75m	10.00m	11.00m
Javelin	25.00m	20.00m	30.00m