



CARIFTA TRIALS – ENTRY FORM

March 4 – 5, 2017 at the National Stadium

- ALL ENTRIES CLOSE AT 3:30 PM ON TUESDAY, FEBRUARY 28, 2017. ALL ENTRIES MUST BE RETURNED TO THE JAAA OFFICE, 6 TREMAINE ROAD, KINGSTON 6. FAX: (876) 946-0003 OR EMAIL: athleticsja@cwjamaica.com
- NO ENTRY WILL BE ACCEPTED OVER THE TELEPHONE. ENTRIES MUST BE MADE ON THE OFFICIAL FORM ONLY.
- NO ATHLETE WILL BE ALLOWED TO ENTER IF HE/SHE HAS NOT REACHED THE QUALIFYING STANDARD, WHICH CAN ONLY BE ATTAINED AT A JAAA SANCTIONED MEET.
- COACHES ARE ASKED TO DECLARE ENTRIES FOR SATURDAY'S EVENTS BY 9:00 A.M. ON SATURDAY AND ENTRIES FOR SUNDAY'S EVENTS BY 4:00 P.M. ON SATURDAY.
- THE IAAF RULE PERTAINING TO FALSE START WILL BE OBSERVED, THAT IS ANY ATHLETE RESPONSIBLE FOR A FALSE START WILL BE DISQUALIFIED EXCEPT IN A COMBINED EVENT.
- ALL ENTRIES MUST BE ACCOMPANIED BY A COPY OF THE ATHLETES' PASSPORT BIO PAGE. ATHLETES WITHOUT PROPER CERTIFICATION WILL NOT BE ALLOWED TO PARTICIPATE IN THE MEET.**
- ALL ATHLETES ENTERING THE TRIALS MUST BE THE HOLDER OF A PASSPORT VALID FOR AT LEAST SIX (6) MONTHS FROM APRIL 15, 2017.
- PROCESSING FEE IS \$500 PER ATHLETE. NO ENTRY WILL BE ACCEPTED WITHOUT FULL PAYMENT.

ENTRY STANDARDS

GIRLS		EVENTS	BOYS	
Under 20	Under 18		Under 20	Under 18
11.90	12.30	100 metres	10.80	11.00
24.60	25.00	200 metres	22.20	22.80
56.00	57.50	400 metres	49.00	52.00
2:20.00	2:25.00	800 metres	2:00.00	2:03.00
5:03.00	5:14.00	1,500 metres	4:12.00	4:18.00
		100/110 Hurdles		
		400 Hurdles		
5.40 m	5.20 m	Long Jump	6.80 m	6.40 m
1.55 m	1.45 m	High Jump	1.80 m	1.70 m
11.50 m	10.00 m	Shot Put	14.00 m	13.00 m
35.00 m	28.00 m	Discus	40.00 m	40.00 m
30.00 m	27.00 m	Javelin	45.00 m	40.00 m
11.00 m		Triple Jump	14.00 m	13.00 m
13 mins	NOT OFFERED	3000/5000 metres OPEN	17 mins	
NOT OFFERED	NOT OFFERED	Pole Vault OPEN	3.20 m	
BORN: 1997 or 1998	BORN: 1999 and after		BORN: 1997 or 1998	BORN: 1999 and after