

2017 PAN AM U20 CHAMPIONSHIPS SELECTION STANDARDS ATHLETES BORN -: 1998, 1999, 2000				
Men			Women	
Junior Trials	Team Selection	Event	Team Selection	Junior Trials
10.78	10.60	<i>100m</i>	11.70	12.20
21.60	21.30	<i>200m</i>	24.20	25.00
49.00	48.00	<i>400m</i>	55.30	56.00
1:55.00	1:52.00	<i>800m</i>	2:11.00	2:15.00
4:02.00	3:58.00	<i>1500m</i>	4:34.00	4:45.00
		<i>3000m</i>	9:50.00	10:00.00
16:50.00	15:00.00	<i>5000m</i>	17:30.00	
	30:50.00	<i>10,000m</i>		
		<i>100m Hurdles</i>	14.30	
	14.70	<i>110m Hurdles</i>		
55.50	53.50	<i>400m Hurdles</i>	1:00.50	
	9:30.00	<i>3000m SC</i>	10:50.00	
2:00m	2.06m	<i>High Jump</i>	1.77m	1.68m
3:80m	4.65m	<i>Pole Vault</i>	3.80m	N/A
7.05m	7.25m	<i>Long Jump</i>	6.00m	5.50m
14.00m	14.90m	<i>Triple Jump</i>	12.50m	12.00m
16.70m	17.50m	<i>Shot Put</i>	13.70m	13.00m
48.00m	54.50m	<i>Discus</i>	47.00m	41.50m
NM	58.50m	<i>Hammer</i>	52.00m	NM
57.00m	60.00m	<i>Javelin</i>	46.00m	41.50m
		<i>Decathlon</i>	6200 points	

	4650 points	<i>Heptathlon</i>		
	46:30.00	<i>10,000m RW</i>	52:00.00	