

Central Hurdles, Relays, Jumps & Throws Meet

21/01/2023, Angels, St. Catherine (GC Foster College)

Central Hurdles, Relays, Jumps & Throws Meet · 21/01/2023

Time	Gender	Event	Round	Age group
09:00	Boys	Long Jump (Class 3 Boys)	Final	Class 3
09:00	Women	Long Jump (Women Open)	Final	Senior
09:00	Men	Shot Put (Class 1 Boys)	Final	Class 1
09:00	Boys	Shot Put (Class 2 Boys)	Final	Class 2
09:00	Girls	Discus Throw (Class 2 Girls)	Final	Class 2
09:00	Girls	Discus Throw (Class 3 Girls)	Final	Class 3
09:01	Women	2000m Steeplechase (High School Girls Open)	Final	Class 1
09:12	Men	2000m Steeplechase (High School Boys Open)	Final	Class 1
09:20	Boys	Long Jump (Class 2 Boys)	Final	Class 2
09:25	Women	4x800m (High School Girls Open)	Final	Class 1
09:30	Men	Javelin Throw (Men Open)	Final	Senior
09:40	Men	4x800m (High School Boys Open)	Final	Class 1
09:55	Women	400m Hurdles (High School Girls Open)	Final	Class 1
10:02	Women	400m Hurdles (Women Open)	Final	Senior
10:10	Boys	400m Hurdles (Class 2 Boys)	Final	Class 2
10:20	Men	400m Hurdles (Class 1 Boys)	Final	Class 1
10:30	Men	400m Hurdles (Men Open)	Final	Senior

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Time	Gender	Event	Round	Age group
10:30	Men	Javelin Throw (High School Boys Open)	Final	Class 1
10:40	Women	4x100m (Women Open)	Final	Senior
10:45	Women	4x100m (Class 1 Girls)	Final	Class 1
10:50	Girls	4x100m (Class 2 Girls)	Final	Class 2
11:00	Men	Long Jump (Class 1 Boys)	Final	Class 1
11:00	Men	Long Jump (Men Open)	Final	Senior
11:00	Women	Discus Throw (Class 1 Girls)	Final	Class 1
11:00	Women	Discus Throw (Open Women)	Final	Senior
11:00	Girls	4x100m (Class 3 Girls)	Final	Class 3
11:10	Girls	4x100m (Class 4 Girls)	Final	Class 4
11:30	Men	Shot Put (Senior Men)	Final	Senior
11:30	Men	4x100m (Men Open)	Final	Senior
11:40	Men	4x100m (Class 1 Boys)	Final	Class 1
11:50	Boys	4x100m (Class 2 Boys)	Final	Class 2
12:01	Boys	4x100m (Class 3 Boys)	Final	Class 3
12:15	Women	4x400m (High School Girls Open)	Final	Class 1
12:30	Women	Long Jump (Class 1 Girls)	Final	Class 1

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Time	Gender	Event	Round	Age group
12:30	Girls	Long Jump (Class 2 Girls)	Final	Class 2
12:30	Men	4x400m (High School Boys Open)	Final	Class 1
12:45	Women	4x400m (Women Open)	Final	Senior
12:55	Men	4x400m (Men Open)	Final	Senior
13:00	Women	Javelin Throw (Women and High School Girls)	Final	Senior
13:15	Girls	400m (Class 3 Girls)	Final	Class 3
13:30	Girls	400m (Class 2 Girls)	Final	Class 2
13:45	Women	400m (Class 1 Girls)	Final	Class 1
13:55	Women	400m (Women Open)	Final	Senior
14:00	Girls	Long Jump (Class 3 Girls)	Final	Class 3
14:00	Girls	Long Jump (Class 4 Girls)	Final	Class 4
14:00	Women	Shot Put (Class 1 Girls)	Final	Class 1
14:00	Girls	Shot Put (Class 2 Girls)	Final	Class 2
14:05	Boys	400m (Class 3)	Final	Class 3
14:25	Boys	400m (Class 2 Boys)	Final	Class 2
14:30	Men	Discus Throw (Class 1 Boys)	Final	Class 1
14:30	Boys	Discus Throw (Class 2 Boys)	Final	Class 2

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Time	Gender	Event	Round	Age group
14:45	Men	400m (Class 1 Boys)	Final	Class 1
15:00	Women	Shot Put	Final	Senior
15:05	Men	400m (Men Open)	Final	Senior
15:30	Girls	70m Hurdles (Class 4 Girls)	Final	Class 4
15:30	Men	Triple Jump (Men Open)	Final	Senior
15:30	Women	Triple Jump (Women and High School)	Final	Senior
15:30	Men	Discus Throw (Men Open)	Final	Senior
15:45	Girls	80m Hurdles (Class 3 Girls)	Final	Class 3
16:00	Girls	100m Hurdles (Class 2 Girls)	Final	Class 2
16:10	Women	100m Hurdles (Class 1 Girls)	Final	Class 1
16:15	Women	100m Hurdles (Women Open)	Final	Senior
16:20	Boys	100m Hurdles (Class 3 Boys)	Final	Class 3
16:30	Boys	Triple Jump (Class 2 Boys)	Final	Class 2
16:30	Men	Triple Jump (Class 2 Boys)	Final	Class 1
16:35	Boys	110m Hurdles (Class 2 Boys)	Final	Class 2
16:45	Men	110m Hurdles (Class 1 Boys)	Final	Class 1
17:00	Men	110m Hurdles (Men Open)	Final	Senior

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Time	Gender	Event	Round	Age group
17:15	Women	200m (Senior Women ONLY)	Final	Senior
17:25	Men	200m (Senior Men ONLY)	Final	Senior
