

Day 1:

Tuesday, March 24



Time	Event	Class	Gender	Status
9:00 AM	1500M	3	Girls	Prelims
9:18 AM	1500M	3	Boys	Prelims
9:36 AM	1500M	2	Girls	Prelims
9:49 AM	Long Jump	1	Boys	Prelims
9:55 AM	High Jump	1	Girls	Prelims
10:03 AM	Javelin	Open	Girls	Prelims
10:09 AM	1500M	2	Boys	Prelims
10:27 AM	1500M	1	Girls	Prelims
10:45 AM	1500M	1	Boys	Prelims
11:05 AM	400M	3	Girls	Prelims
11:26 AM	Shot Put	2	Girls	Prelims
11:45 AM	400M	3	Boys	Prelims
12:16 PM	Long Jump	2	Girls	Prelims
12:33 PM	400M	2	Girls	Prelims
1:00 PM	400M	2	Boys	Prelims
1:48 PM	400M	1	Girls	Prelims
2:36 PM	400M	1	Boys	Prelims
2:46 PM	Long Jump	2	Boys	Prelims
2:48 PM	Discus	1	Girls	Prelims
2:58 PM	100M	4	Girls	Prelims
3:30 PM	100M	3	Girls	Prelims
4:02 PM	100M	3	Boys	Prelims
4:34 PM	100M	2	Girls	Prelims
5:00 PM	100M	2	Boys	Prelims
5:32 PM	100M	1	Girls	Prelims
6:04 PM	100M	1	Boys	Prelims
6:45 PM	Opening Prayer			
6:55 PM	400M Hurdles	Open	Girls	Prelims
7:17 PM	400M Hurdles	2	Boys	Prelims
7:39 PM	400M Hurdles	1	Boys	Prelims
8:15 PM	2000M Steeplechase	Open	Boys	Prelims



Day 2:

Wednesday, March 25

Time	Event	Class	Gender	Status
9:00 am	100M Dec	Open	Male	Event # 1
9:02 AM	Long Jump	4	Girls	Prelims
9:07 AM	High Jump	3	Girls	Prelims
9:12 AM	Javelin	Open	Boys	Prelims
9:17 AM	Shot Put	1	Girls	Prelims
9:20 AM	400M	3	Girls	Semi-Final
9:35 AM	400M	3	Boys	Semi-Final
9:50 AM	400M	2	Girls	Semi-Final
10:05 AM	400M	2	Boys	Semi-Final
10:20 AM	400M	1	Girls	Semi-Final
10:35 AM	400M	1	Boys	Semi-Final
11:30 AM	Long Jump Dec	Open	Boys	Event # 2
11:35 AM	High Jump	2	Boys	Prelims
1:48 PM	Discus	1	Boys	Prelims
1:53 PM	Long Jump	2	Boys	Final
2:30 PM	Shot Put Dec	Open	Boys	Event # 3
Break				
6:00 AM	100M	4	Girls	Semi-Final
4:21 PM	100M	3	Girls	Semi-Final
4:25 PM	Shot Put	2	Girls	Final
4:42 PM	100M	3	Boys	Semi-Final
5:03 PM	100M	2	Girls	Semi-Final
5:22 PM	Discus	3	Girls	Prelims
5:25 PM	High Jump Dec	1	Boys	Event # 4
5:30 PM	100M	2	Boys	Semi-Final
5:51 PM	100M	1	Girls	Semi-Final
6:06 PM	100M	1	Boys	Semi-Final
6:26 PM	1500M	3	Girls	Final
6:28 pm Presentation				
Long Jump Class 2 Boys & Shot Put Class 2 Girls				
6:34 pm	Triple Jump	Open	Girls	Prelims
6:34 pm	1500M	3	Boys	Final
6:42 pm	1500M	2	Girls	Final
6:50 pm	1500M	2	Boys	Final
6:58 pm	1500M	1	Girls	Final
7:06 pm	1500M	1	Boys	Final



Day 2:

Wednesday, March 25

Time	Event	Class	Gender	Status
7:14 pm	Long Jump	1	Boys	Final
7:19 pm	High Jump	3	Boys	Prelims
7:23 pm	Discus	1	Girls	Final
7:28 pm	400M		Dec	Event # 5
7:38 pm	Presentation			
Girls 1500 M: Classes 3, 2 & 1 / Boys 1500 M: Classes 3, 2 & 1				
7:48 pm	Grace Promo			
7:58 pm	100M	4	Girls	Final
8:04 pm	100M	3	Girls	Final
8:10 pm	100M	3	Boys	Final
8:16 pm	100M	2	Girls	Final
8:21 pm	100M	2	Boys	Final
8:25 pm	Presentation			
Girls 100M: Classes 4, 3 & Boys 100M: Class 3				
8:36PM	Grace Promo			
8:48 pm	100M	1	Girls	Final
8:54 pm	100M	1	Boys	Final
9:00PM	Presentation			
Girls 100M: Classes 2 & 1 / Girls Discus: Class 1				
Boys 100M Classes 2 & 1 / Boys Class 1: Long Jump				



Day 3:

Thursday, March 26

Time	Event	Class	Gender	Status
9:00 am	110 Hurdles Dec	Open	Boys	Event # 6
9:03 AM	Triple Jump	1	Boys	Prelims
9:06 AM	Shot Put	2	Boys	Prelims
9:09 AM	Discus	2	Girls	Prelims
9:20 AM	200M	4	Girls	Prelim
9:23 AM	High Jump	4	Girls	Prelim
9:52 AM	200M	3	Girls	Prelim
10:24 AM	200M	3	Boys	Prelim
10:56 AM	200M	2	Girls	Prelim
10:58 AM	Long Jump	3	Boys	Prelim
11:00 AM	Discus Dec	Open	Boys	Event # 7
11:28 AM	200M	2	Boys	Prelim
12:02 PM	High Jump	3	Girls	Final
12:03 PM	200M	1	Girls	Prelim
12:35 PM	200M	1	Boys	Prelim
1:03 PM	Pole Vault Dec	Open	Boys	Event # 8
Break				
1:10 PM	High Jump	3	Boys	Final
1:15 pm	Presentation			
Girls High Jump: Class 3				
1;23PM	Long Jump	1	Girls	Prelims
1;26PM	4 x 100M Relay	4	Girls	Prelims
1:51 pm	4 x 100M Relay	3	Girls	Prelims
2:16 pm	4 x 100M Relay	3	Boys	Prelims
2:41 pm	4 x 100M Relay	2	Girls	Prelims
3:16 pm	4 x 100M Relay	2	Boys	Prelims
3;41PM	4 x 100M Relay	1	Girls	Prelims
4:16 pm	4 x 100M Relay	1	Boys	Prelims
4:19 pm	Long Jump	4	Girls	Final
4:20 pm	High Jump	2	Girls	Prelims
4:25 pm	Presentation			
Boys High Jump: Class 3 / Boys High Jump: Class 3				
4:30 pm	Javelin Dec	Open	Boys	Event # 9
4:41 pm	800M	3	Girls	Prelims
5:06 pm	800M	3	Boys	Prelims
5:31 pm	800M	2	Girls	Prelims



Day 3:

Thursday, March 26

Time	Event	Class	Gender	Status
5:56 pm	800M	2	Boys	Prelims
6:21 pm	800M	1	Girls	Prelims
6:24 pm	Discus	1	Boys	Final
6:46 pm	800M	1	Boys	Prelims
6:54 pm	Long Jump	2	Girls	Final
6:57 pm	Shot Put	2	Boys	Final
7:02 pm	Presentation			
Class 4 Girls: Long Jump / Class 1 Boys: Discus / Class 2 Girls Long Jump				
7:11 pm	Javelin	Open	Girls	Final
7:15 pm	1500M Dec	Open	Boys	Event # 10
7:30 pm	5000M	Open	Boys	Prelim
8:10 pm	400M	3	Girls	Final
8:15 pm	400M	3	Boys	Final
8:20 pm	400M	2	Girls	Final
8:25PM	400M	2	Boys	Final
8:32 pm	Presentation			
Decathlon Boys / Javelin Girls / Boys Long Jump: Class 1				
8:39 pm	400M	1	Girls	Final
8:44 pm	400M	1	Boys	Final
8:46PM	Presentation			
Shot Put: Boys Class 2 & Girls Class 2 & Girls / Boys 400M: Classes 3, 2 & 1				

Day 4:

Friday, March 27



Time	Event	Class	Gender	Status
9:00 am	100H Hep	Open	Girls	Event # 1
9:06 am	High Jump	1	Boys	Prelim
9:09 am	Shot Put	1	Boys	Prelim
9:12 am	Long Jump	3	Girls	Prelim
9:15 am	70 M Hurdles	4	Girls	Prelim
9:36 am	80M Hurdles	3	Girls	Prelim
10:05 am	100M Hurdles	2	Girls	Prelim
10:23 am	100M Hurdles	1	Girls	Prelim
10:42 am	Discus	2	Boys	Prelims
11:00 am	100M Hurdles	3	Boys	Prelim
11:00 am	High Jump Hep	Open	Girls	Event # 2
11:06 am	110M Hurdles	2	Boys	Prelim
11:24 am	110M Hurdles	1	Boys	Prelim
11:28 am	Long Jump	3	Boys	Final
11:44 am	200M	4	Girls	Semi-final
11:59 am	200M	3	Girls	Semi-final
12:04 pm	200M	3	Boys	Semi-final
12:19 pm	200M	2	Girls	Semi-final
12:34 pm	200M	2	Boys	Semi-final
12:49 pm	200M	1	Girls	Semi-final
1:05 pm	200M	1	Boys	Semi-final
1:19 pm	Shot Put Hep	Open	Girls	Event # 3
12:21 pm	High Jump	4	Girls	Final
1:24 pm	Pole Vault	Open	Boys	Final
1:26 pm	Presentation			
Boys Long Jump: Class 3				
1:31 pm	Discus	2	Girls	Final
1:33 pm	800M	3	Girls	Semi-final
1:47 pm	800M	3	Boys	Semi-final
2:01 pm	Triple Jump	2	Boys	Prelims
2:04 pm	800M	2	Girls	Semi-final
2:19 pm	800M	2	Boys	Semi-final
2:34 pm	800M	1	Girls	Semi-final
2:49 pm	800M	1	Boys	Semi-final
3:00 pm	200M Hep	Open	Girls	Event # 4
3:12PM	Presentation			

Day 4:

Friday, March 27



Time	Event	Class	Gender	Status
Girls High Jump: Class 4 / Boys Pole Vault / Girls Discus: Class 2				
3:22 pm	Opening Cermeony			
4:00 pm	High Jump	1	Girls	Final
4:03 pm	Discus	3	Girls	Final
4:06 pm	Triple Jump	1	Boys	Final
4:08 pm	4 x 400M Relay	Open	Girls	Prelims
4:38 pm	4 x 400M Relay	Open	Boys	Prelims
5:08 pm	70 M Hurdles	4	Girls	Semi-final
5:32 pm	80M Hurdles	3	Girls	Semi-final
5:50 pm	100M Hurdles	2	Girls	Semi-final
6:08 pm	100M Hurdles	1	Girls	Semi-final
6:26 pm	100M Hurdles	3	Boys	Semi-final
6:44 pm	110M Hurdles	2	Boys	Semi-final
7:03 pm	110M Hurdles	1	Boys	Semi-final
7:21 pm	Triple Jump	Open	Girls	Final
7:24 pm	Sprint Medley	Open	Girls	Prelims
7:54 pm	Sprint Medley	Open	Boys	Prelims
8:24 pm	2000M Steeplechase	Open	Girls	Final
8:57 pm	2000M Steeplechase	Open	Boys	Final
9:23 pm	400M H	Open	Girls	Final
9:33 pm	400M H	2	Boys	Final
9:43 pm	400M H	1	Boys	Final
9:45 pm	Presentation			
Girls Triple Jump: Open / Girls & Boys Steeple Chase / All 400M H				
Girls High Jump: Class 1 / Girls Discus Class 3 / Boys Triple Jump: Classes 2 & 1				
<i>NB: avoid presentation while horizontal jumps are in progress</i>				

Day 5:

Saturday, March 28



Time	Event	Class	Gender	Status
1:00 pm	Long Jump Hep	Open	Girls	Event # 5
1:05 pm	Javelin	Open	Boys	Final
1:10 pm	High Jump	2	Girls	Final
1:20 pm	70 M Hurdles	4	Girls	Final
1:30 pm	80M Hurdles	3	Girls	Final
1:40 pm	100M Hurdles	3	Boys	Final
1:50 pm	100M Hurdles	2	Girls	Final
2:00 pm	100M Hurdles	1	Girls	Final
2:10 pm	110M Hurdles	2	Boys	Final
2:20 pm	110M Hurdles	1	Boys	Final
2:25 pm	Presentation			
Girls Classes 4,3,2,H & Boys Classes 3,2, H				
2:37 pm	Shot Put	1	Girls	Final
2:40 pm	Long Jump	3	Girls	Final
2:43 pm	200M	4	Girls	Final
2:48 pm	200M	3	Girls	Final
2:51 pm	High Jump	2	Boys	Final
2:54 pm	200M	3	Boys	Final
3:00 pm	200M	2	Girls	Final
3:06 pm	200M	2	Boys	Final
3:12 pm	200M	1	Girls	Final
3:18 pm	200M	1	Boys	Final
3:22 pm	Javelin Hep	Open	Girls	Event # 6
3:25 pm	Presentation			
Boys Javelin Open / Girls High Jump: Class 2				
Girls & Boys 200M: Classes 4, 3 & 2				
3:37 pm	Discus	2	Boys	Final
3:40 pm	800M	3	Girls	Final
3:46 pm	800M	3	Boys	Final
3:52 pm	800M	2	Girls	Final
3:56 pm	Presentation			
Girls Shot Put: Class 1 / Boys High Jump: Class 2 / Girls Hurdles: Classes 4, 3 & 2				
4:10 pm	800M	2	Boys	Final
4:16 pm	800M	1	Girls	Final
4:22 pm	800M	1	Boys	Final
4:27 pm	Long Jump	1	Girls	Final
4:30 pm	Presentation			

Day 5:

Saturday, March 28



Time	Event	Class	Gender	Status
Girls 100M H: Classes 2 & 1 / Girls Shot Put: Class 1				
Boys Hurdles: Classes 1, 2 & 3 / Boys High Jump: Class 2				
4:46 pm	3000M	Open	Girls	Final
5:05 pm	800M Hep	Open	Girls	Event # 7
5:07 pm	High Jump	1	Boys	Final
5:09 pm	Shot Put	1	Boys	Final
5:15 pm	Presentation			
Boys Discus: Class 2 / Girls Long Jump: Class 1 / Hephthathlon				
5:19 pm	Grace Promo 10 minutes			
5:30 pm	4 x100M	Principals/Sponsors Race		
5:39 pm	4 x100M	1	Girls	Final
5:47 pm	4 x100M	1	Boys	Final
5:55 pm	4 x100M	2	Girls	Final
6:03 PM	4 x100M	2	Boys	Final
6:05 pm	Medal Presentation			
Girls & Boys 4 x 100M Relays: Classes 1 & 2				
6:12 pm	Triple Jump	2	Boys	Final
6:14 pm	4 x100M	3	Girls	Final
6:23 pm	4 x100M	3	Boys	Final
6:32 pm	4 x100M	4	Girls	Final
6:34 pm	Medal Presentation			
Boys & Girls 4 x 100M Relays: Classes 3 & 4 / Boys High Jump & Shot Put: Class 1				
6:45 pm	Promo slot 15 minutes			
6:55 pm	Sprint Medley	Open	Girls	Final
7:06 pm	Sprint Medley	Open	Boys	Final
7:13 pm	5000M	Open	Boys	Final
7:34 pm	Medal Presentation			
Boys & Girls Sprint Medley / Triple Jump: Class 2				
7:45 pm	GK Foods Promo 15Minutes			
8:05 pm	4 X 400M	Open	Girls	Final
8:17 pm	4 X 400M	Open	Boys	Final
8:20 pm	Medal Presentations			
Girls 3000M / Boys 5000 M / Boys and Girls 4 X 400 Relay				
Closing Ceremony				