



**All Comers Meet @ Jamaica College
June 11, 2022**

ORDER OF EVENTS

<u>TIME</u>	<u>EVENT</u>	<u>CATEGORY</u>
4:00 PM	400m Hurdles	U20 Girls
4:05 PM	400m Hurdles	Women
4:15 PM	400m Hurdles	U20 Boys
4:25 PM	400m Hurdles	Men
4:30 PM	800m	U20 Girls
4:35 PM	800m	U20 Boys
4:40 PM	800m	Women
4:45 PM	800m	Men
4:55 PM	200m	U20 Girls
5:15 PM	200m	U20 Boys
5:35 PM	200m	Women
5:45 PM	200m	Men
6:10 PM	100m Hurdles	U20 Girls
6:20 PM	100m Hurdles	Women
6:35 PM	110m Hurdles	U20 Boys
6:45 PM	110m Hurdles	Men
7:00 PM	400m	U20 Girls
7:10 PM	400m	U20 Boys
7:30 PM	400m	Women
7:40 PM	400m	Men
8:00 PM	100m	U20 Girls
8:15 PM	100m	U20 Boys
8:35 PM	100m	Women
8:50 PM	100m	Men
9:20 PM	SESSION ENDS	

FIELD EVENTS

4:00 PM	Triple Jump	Girls U20
4:00 PM	Long Jump	Boys U20
4:05 PM	High Jump	Women Open
5:30 PM	Long Jump	Girls U20
6:00 PM	Triple Jump	Boys U20 & Men
6:05 PM	High Jump	Men Open
7:00 PM	Long Jump	Women
7:30 PM	Long Jump	Men
8:00 PM	Triple Jump	Women
9:00 PM	SESSION ENDS	



**All Comers Meet @ National Stadium
June 11, 2022**

ORDER OF EVENTS

THROWS ONLY

3:00 PM	Javelin	Women
3:00 PM	Shot Put	Men (Stadium East)
4:00 PM	Javelin	Men
4:00 PM	Shot Put	Boys U20 (Stadium East)
4:55 PM	Shot Put	Girls U20 (Stadium East)
5:00 PM	Discus	Boys U20
5:25 PM	Shot Put	Women (Stadium East)
5:40 PM	Discus	Men
6:40 PM	Discus Throw	Women