



# JAAA Medical Exemption Before Competition Form

Based on the JAAA selection policy for National Teams, an athlete who is ranked Top 3 in the World in their event (World Athletics Ranking) at the time of closing of the entries for the selection Trials/Championships, may apply for an Exemption from participating at the Trials/Championships and still be considered for selection to that same team. This form is to be used for making that application for Exemption. Please note that the Exemption must be granted before the start of the Trials/Championships and the athlete must still submit an entry for the Trial/Championships.

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**1.** Name of Athlete: \_\_\_\_\_ Telephone #: \_\_\_\_\_  
Institution: \_\_\_\_\_ Email Address \_\_\_\_\_  
Address: \_\_\_\_\_  
Athlete's Event: \_\_\_\_\_  
Athlete's SB & PB: Season's Best \_\_\_\_\_ Personal Best \_\_\_\_\_  
Current World Ranking: \_\_\_\_\_ Date of Ranking: \_\_\_\_\_

**2.** (a) Please provide details on the nature of your injury.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(b) Please provide the name and contact information for the Medical Personnel who diagnosed your injury

Name of Doctor: \_\_\_\_\_ Telephone #: \_\_\_\_\_  
Institution: \_\_\_\_\_ Email Address \_\_\_\_\_  
Address: \_\_\_\_\_  
Date of Injury : \_\_\_\_\_ Date of Re-occurrence : \_\_\_\_\_

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**3.** I hereby certify that the above information is complete and accurate:

\_\_\_\_\_  
Athlete Signature Name (please print) Date

\_\_\_\_\_  
Parent Signature (if athlete is a minor)

4. The JAAA Medical Commission will need to make contact with the treating physician (M.D. or D.O.):

\_\_\_\_\_  
Current Treating Physician

\_\_\_\_\_  
Specialty

\_\_\_\_\_  
Date Assessment Completed

Physician Office Address and Phone:  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Today's Date

**Required Materials to be submitted with the Application Form:**

- \_\_\_\_\_ Complete Assessment/Notes/Diagnosis
- \_\_\_\_\_ Medications(s) and dosage
- \_\_\_\_\_ Blood pressure and pulse readings and comments
- \_\_\_\_\_ History of treatment (previous/ongoing)

\_\_\_\_\_  
Personal Coach Name

\_\_\_\_\_  
Personal Coach Signature

Send this form to:  
Jamaica Athletics Administrative Association,  
Attn: Medical Commission  
6 Tremaine Road, Kingston 6, Jamaica  
**All 4 areas of this form must be completed before the  
request can be considered by the JAAA.**

**FOR OFFICIAL USE ONLY — DO NOT WRITE IN THIS SPACE**

**Granted**

**Denied.** The request does not meet  
criteria established.

\_\_\_\_\_  
JAAA Medical Commissioner

\_\_\_\_\_  
Date