



Jamaica Athletics Administrative Association

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U18/U20 CHAMPIONSHIPS

ENTRY STANDARDS 2023

GIRLS		EVENTS	BOYS	
Under 20	Under 18		Under 20	Under 18
11.90	12.10	100 metres	10.75	11.00
24.60	24.80	200 metres	21.80	22.42
56.00	57.50	400 metres	48.50	49.96
2:19.00	2:21.00	800 metres	1:55.50	2:03.00
5:00.00	5:05.00	1,500 metres	4:12.00	4:18.00
14.85	15.64	100/110 Hurdles	14.70	14.24
1:06.00		400 Hurdles	56.00	58.00
5.50 m	5.45 m	Long Jump	6.80 m	6.60 m
1.63 m	1.55 m	High Jump	1.95 m	1.90 m
12.00 m	12.10 m	Shot Put	14.80 m	15.30 m
40.00 m	36.50 m	Discus	48.00 m	44.00 m
38.00 m	37.80 m	Javelin	54.45 m	50.00 m
12.00 m	11.80 m	Triple Jump	14.30 m	13.90 m
11:15.00	NOT OFFERED	3000/5000 metres OPEN	17:00.00	9:45.00
NOT OFFERED	NOT OFFERED	Pole Vault OPEN	3.20 m	
BORN: 2004 or 2005	BORN: 2006 to 2008		BORN: 2004 or 2005	BORN: 2006 to 2008

NOTES

- The dates for the JAAA JUNIOR Championships are **Thursday July 6 to Sunday July 9, 2023** at the National Stadium in Kingston. The Order of Events can be downloaded from the JAAA website.
- The qualifying period is July 9, 2022 to July 1, 2023. **All performances entered will be checked and verified.** Entering false performances will render the athlete ineligible and the athlete may be excluded from that event.
- Entries close Friday, June 23, 2023 at 4:00pm. No late entries will be processed. Entry Fee is \$500 per Junior athlete.
- Entry Form Online**
Visit: <http://www.athleticsja.org/> Entries portal opens May 18, 2023
- A Valid Jamaican Passport expiring after January 1, 2024 is needed to complete the Entry.
- Athletes born **after 2008** will not be allowed to participate. Class 1 Aged athletes (**born 2003**) who are not U20 will be allowed to participate in the Prelim rounds of the various events.
- Team Selection for:
 - NACAC U18 Championships, San Jose, Costa Rica – July 21-23, 2023
 - PANAM U20 Championships, Mayaguez, Puerto Rico – August 4-6, 2023

NOTE: Commonwealth Youth Games will not be selected from the Championships.