

Jamaica National Stadium Records

Event	Time/Distance	Wind	Record Holder	Affiliation	Date
100 m	10.70	0.6	Shelly-Ann Fraser-Pryce	Jamaica	29-Jun-12
200 m	21.94	1.1	Veronica Campbell-Brown	Jamaica	29-Jun-08
400 m	49.89		Sanya Richards	U S A	06-May-06
800 m	1.58.41		Kenia Sinclair	Jamaica	07-May-11
1500 m	4:10.77		Yvonne Graham	Jamaica	24-Jun-95
3000 m	9.12.61		Meseret Defar	Ethopia	16-Jul-02
5000 m	15:54.94		Meseret Defar	Ethopia	21-Jul-02
100 m Hurdles	12.39	2.0	Jasmin Stowers	U S A	09-May-15
400 m Hurdles	53.41		Kaliese Spencer	Jamaica	27-Jun-14
3000 m SC	9:36.14		Madrea Hyman	Jamaica	26-Jun-05
High Jump	2.00 m		Chaunte' Howard	USA	01-May-10
Pole Vault	4.50 m		Kylie Hutson	USA	03-May-14
Long Jump	6.87 m		Lacena Golding-Clarke	Jamaica	01-Jun-98
Triple Jump	14.87 m	0.3	Caterine Ibarguen	Colombia	09-May-15
Shot Put	19.22 m		Michelle Carter	USA	05-May-12
Discus Throw	62.41 m		Gia Smallwood	USA	04-May-13
Hammer Throw	64.30 m		Daina Levy	Jamaica	22-Jun-13
Javelin Throw	56.72 m		<i>Olivia McKoy</i>	<i>Jamaica</i>	29-Jun-08
Hepathalon	6470		Carolina Klufft	Sweden	19-20/7/2002
4x100 Metres Relay	43.13		C. Williams, E. Thompson, S. Williams & C. Bonner	UTech	28-Feb-15
4x400 Metres Relay	3:29.87		J. Herunga, S. Jackson, S. Campbell, Russell	UTech	28-Feb-15

Event	Time/Distance	Wind	Record Holder	Affiliation	Date
100 m	9.75	1.1	Yohan Blake	Jamaica	29-Jun-12
200 m	19.56	-0.8	Usain Bolt	Jamaica	01-May-10
400 m	44.49		Roxbert Martin	Jamaica	21-Jun-97
800 m	1:44.72		Mike Boit	Kenya	13-May-77
1500 m	3:35.92		Aman Wote	Ethopia	05-May-12
3000 m					
5000 m	13:28.30		Hilary Chenonge	Kenya	16-Jul-02
10,000 m	29:02.71		Gebre Gebremariam	<i>Ethopia</i>	20-Jul-02
3000 m SC	8.29.54		Michael Kipyego	Kenya	20-Jul-02
110 m Hurdles	13.16	1.0	Aleec Harris	U S A	09-May-15
400 m Hurdles	47.79		Kerron Clement	U S A	03-May-08
High Jump	2.35 m		Javier Sotomayor	Cuba	17-Aug-97
Pole Vault	5.55 m		Maksym Mazuryk	Ukraine	21-Jul-02
Long Jump	8.40 m	-0.4	Ivan Pedroso	Cuba	10-Sep-97
Triple Jump	17.22 m		James Beckford	Jamaica	Jun-95
Shot Put	21.85 m		Christian Cantwell	U S A	03-May-14
Discus Throw	67.12 m		Traves Smikle	Jamaica	30-Jun-12
Hammer Throw	61.98 m		<i>Howard Payne</i>	<i>England</i>	<i>Aug-66</i>
Javelin Throw					
Decathlon	8078		Maurice Smith	Jamaica	28-May-11
4x100 Metres Relay	37.82		Forsythe, Blake, Roach, Bolt	Racers	14-Apr-12
4x400 Metres Relay	3:00.66		Thompson, Davis, Pierre, M Johnson	Baylor Univ	06-May-89

Last Revised: 2015 May 24